

# SHORE ORTHOPAEDIC GROUP L.L.C.

www.shoreortho.com



35 Gilbert Street South • Tinton Falls, New Jersey 07701 • (732) 530-1515 • Fax (732) 747-5433  
1255 Route 70 • Lakewood, New Jersey 08701 • (732) 942-2300 • Fax (732) 942-2311  
1322 Route 72 • Manahawkin, New Jersey 08050 (609) 597-1377 • Fax (609) 597-0204  
Interventional Pain Medicine • 1255 Route 70 • Lakewood, 08701 • New Jersey (732) 942-2020 • Fax (732) 942-2021

ROBERT B. GROSSMAN, M.D., F.A.C.S.\*  
CARY D. GLASTEIN, M.D., F.A.C.S.\*  
LANCE A. MARKBREITER, M.D., F.A.C.S.\*  
CHARLES C. RIZZO, M.D., F.A.C.S.\*  
DAVID L. CHALNICK, M.D. F.A.C.S.\*  
SCOTT C. WOSKA, M.D. FAAPMR, FAAEM

Orthopaedic Surgery  
Sports Medicine  
Scoliosis  
Spinal Reconstruction  
Surgery  
Total Joint Replacement  
and Revision  
Foot and Ankle Surgery  
Laser Surgery  
Shoulder & Elbow  
Surgery  
Interventional Pain  
Medicine  
Electrodiagnostic Testing

## DIRECTIONS TO TINTON FALLS OFFICE:

### *From Rt. 537 –*

Take 537 to Sycamore Avenue. Left on to Sycamore Avenue. Take Sycamore Avenue to Shrewsbury Avenue, and make left onto Shrewsbury Avenue. At first traffic light, make left on to Gilbert Street North. Go one block, turn left on to Gilbert Street West. Go one block, make left on to Gilbert Street South. First building on your left – 35 Gilbert Street South (white square building).

### *From Route 520 East (Also named Newman Springs Road) - From Garden State Parkway Exit 109 (from northbound direction)*

Exit on to 520 East. \*Go to Shrewsbury Avenue (main intersection with gas stations on 3 corners) and make right. ¼ mile down Shrewsbury Avenue, turn right on to Gilbert Street South (right at Volkswagen, Saab car dealership). First building on your right – 35 Gilbert Street South (white square building).

\*If taking Garden State Parkway South, turn left off ramp on to Route 520 east. Continue to follow as above.

### *From Route 35 Northbound*

Take jughandle right after Ft. Monmouth – for Shrewsbury Avenue. At 4<sup>th</sup> light, make left on to Gilbert Street North (by Two Rivers Bank). Go one block, turn left on to Gilbert Street West. Go one block, make left on to Gilbert Street South. First building on your left – 35 Gilbert Street South (white square building).

From Middletown area – Route 35 South

Cross Red Bank bridge, bear right. After train tracks you will be on Shrewsbury Avenue. Approximately 1-1/2 miles, turn right at Volkswagen/Saab car dealership on to Gilbert Street South. First building on your right – 35 Gilbert Street South (white square building).

### *From Red Bank (Broad Street South)*

Turn right on to Newman Springs Road. Left on to Shrewsbury Avenue. Turn right at Volkswagen/Saab car dealership (3 traffic lights and one block) on to Gilbert Street South. First building on your right – 35 Gilbert Street South (white square building).

### *From Route 18*

Exit 15A (Wayside Rd. North) Take Wayside Road to 2<sup>nd</sup> traffic light. Make right on to Tinton Avenue. Go to next traffic light, and make left on to Hope Road. Take Hope Road to the end. Make right on to Sycamore Avenue, and left on to Shrewsbury Avenue. At first traffic light, make left on to Gilbert Street North. Go one block, turn left on to Gilbert Street West. Go one block, make left on to Gilbert Street South. First building on your left – 35 Gilbert Street South (white square building).

### *Directions from New York and Newark Airport*

Take NJ Turnpike South to Exit 11 (this is exit for Garden State Parkway) Take Garden State Parkway South to Exit 109. At Exit 109, after paying toll, there is a traffic light – make a left onto 520 E, (also known as Newman Springs Road). Take Route 520 E to Shrewsbury Avenue (4 gas stations at this intersection). Make right onto Shrewsbury Avenue. Travel on Shrewsbury Avenue until you come to a Saab – VW dealership on your right. You will make a right turn by this dealership, onto Gilbert Street South. We are #35 – white building on the right.

\* Fellow of the American Board of Orthopaedic Surgeons